# 90 Day Personal Goals

**Goals**

1.  
   Action: _________________________________________________________
   Action: _________________________________________________________
   Action: _________________________________________________________
   Action: _________________________________________________________
   Action: _________________________________________________________
   What was the outcome?

2.  
   Action: _________________________________________________________
   Action: _________________________________________________________
   Action: _________________________________________________________
   Action: _________________________________________________________
   Action: _________________________________________________________
   What was the outcome?

3.  
   Action: _________________________________________________________
   Action: _________________________________________________________
   Action: _________________________________________________________
   Action: _________________________________________________________
   Action: _________________________________________________________
   What was the outcome?

4.  
   Action: _________________________________________________________
   Action: _________________________________________________________
   Action: _________________________________________________________
   Action: _________________________________________________________
   Action: _________________________________________________________
   What was the outcome?

5.  
   Action: _________________________________________________________
   Action: _________________________________________________________
   Action: _________________________________________________________
   Action: _________________________________________________________
   Action: _________________________________________________________
   What was the outcome?

6.  
   Action: _________________________________________________________
   Action: _________________________________________________________
   Action: _________________________________________________________
   Action: _________________________________________________________
   Action: _________________________________________________________
   What was the outcome?

7.  
   Action: _________________________________________________________
   Action: _________________________________________________________
   Action: _________________________________________________________
   Action: _________________________________________________________
   Action: _________________________________________________________
   What was the outcome?

**Completed By**

Date:__________________

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What was the outcome?